



## Dietitians in Nutrition Support Dietetic Practice Group Annual Report 2015-2016

### Executive Committee Members 2015-2016

Chair: Jennifer Lefton, MS, RD, CNSC, FAND

Past Chair: Beth Taylor, DCN, AP-RD, CNSC, FCCM

Char Elect: Mandy Corrigan, MPH, RD, CNSC, FAND

Secretary: Sarah Peterson, PhD, RD, CNSC

Treasurer: Jodi Wolff, MS, RD, CNSC

Director of Nominations: Elizabeth Pash, MS, RD, CNSC

Director of Professional and Product Development: Ainsley Malone, MS, RD, CNSC

Director of Communication and Marketing: Stephanie Dobak, MS, RD, CNSC

DPG Delegate (non-voting): Cindy Hamilton, MS, RD, CNSC

Website address

[www.dnsdpg.org](http://www.dnsdpg.org)

### **1. Membership:**

- 3227 members (2991 active, 6 honorary, 32 international, 34 retired, 151 student)
- Letters from Chair were sent out to all members
- We had 892 new members and 781 non-renewing members
- Survey results from non-renewing members
  - o non-renewing members were either changing jobs and no longer working in nutrition support or they did not feel that they could afford/wanted to pay for Academy dues combined with DPG dues
- We had 7 institutional *Support Line* subscriptions
- Member survey completed January 2015 reviewed/discussed at June retreat. Overall theme was that members are seeking education/information on nutrition focused physical assessment, managing parenteral nutrition, placing feeding tubes, and indirect calorimetry. Discussed where to incorporate these topics including webinars, symposiums, and products.

## **2. Member benefits:**

### ***Support Line***

- Published 6 issues of *Support Line* under the direction of Kate Willcutts, Editor
- Associate Editors included Kelly Kennare, Britta Brown, Deb Carpenter (continuing education), and Rebecca Brody (Writer's Mentoring Program Chair)
- Several Guest Editors assisted with planning including Sarah Peterson, Stephanie Dobak, and Kris Mogensen
- 2 issues were provided electronically only (member survey indicated that members were ok with moving to some issues being electronic only); the other 4 issues were available electronically and in print/mail. Unique downloads of Support Line doubled with the electronic issues of Support Line.
- Each issue offers 3 CPE credits by completion of a quiz on the DNS website
- Topics covered were as follows:

<b><i>Support Line Issue</i></b>	<b><i>Topics</i></b>
June 2015	Body composition
August 2015	Ketogenic diet, mobile apps, hypothermic ICH
October 2015	Fluid accumulation assessment, stress ulcers, gastric bypass hypoglycemia, Whipple procedure
December 2015	Surgical/trauma wounds, career mentoring, coding for malnutrition, role of RDN in PN outcomes
February 2016	Medicare part B, non-adherence in home PN patients, fasting neuro ICU, fluid and electrolyte management
April 2016	NICU and probiotics, esophagectomy, best practice for fluid requirement equations, feedback to health profession students

- Support Line is also shipped internationally to members/subscribers in the following countries: Malaysia, United Arab Emirates, Jamaica, Canada, Kosovo, Mexico, Hong Kong, Australia, Ecuador, Ireland, Bahamas, Laos, Germany, Sweden, Greece, Pakistan, South Korea, Philippines, Brazil, Japan, Singapore, and Lebanon

### ***Career Mentoring Program***

- The DNS DPG Career Mentoring Program is a robust member benefit designed to link members with at least 4-5 years nutrition support experience with other members who are seeking career guidance and/or support in learning advanced skills in clinical nutrition.
- 15 volunteer mentors had been matched to 19 mentees. Goals vary among participants and include, but not limited to, the following: 1) Enhance knowledge of nutrition support; 2) Increase professional network; 3) Improve assessment skills when caring for patients with a variety of co morbid conditions; 4) More effectively utilize current evidence-based practice guidelines and protocols
- Program statistics (November 4, 2013 – May 31, 2016) are as follows:
  - Active Mentors: 15
  - Active Mentees: 26
  - Waitlist Mentees: 0
  - Completed Mentees: 11
  - Withdrawal Mentees: 10
  - Mentees Lost to Follow Up: 8

### ***Writer's Mentoring Program***

- The Writer's Mentoring Program pairs experienced authors with mentees who are interested in writing for publication but haven't published before. Articles are submitted to *Support Line* and go through the peer review process. Mentors help mentees through the entire process.
- 2 mentees have been matched with mentors and are currently working on articles

### ***Website***

- DNS has a robust team of volunteers to help with website content. Last year we had 29 total volunteers focused in several different content areas: transplant (3), critical care (4), GI (4), pediatric/neonatal (8), research (4), homecare (4), student (1), general (1).
- Volunteers post a summary of a current research article every other month
- All DNS leaders had a week to monitor our forum content including responding to posts/questions from members
- DNS leader e-mail addresses were added so that they have @dnsdpg.org. For example, you can contact the Chair by e-mailing [chair@dnsdpg.org](mailto:chair@dnsdpg.org). The e-mail addresses were set up to be automatically forwarded to an e-mail address that the volunteer monitors regularly.
- The website committee added new sections to the website this year including a resource library, student forum, and student network.

### ***Webstore***

- This was the first full year of the DNS Webstore. The Store was upgraded to allow for webinar sales as well as CPE quizzes/certificates for non-members (non-members pay higher fees)
- Sales via the Webstore are below

Sale item	Quantity Sold	Income
2013 Symposium: Bariatric Surgery & Post-op Nutritional Deficiencies	5	50
2013 Symposium: Electrolytes: Assessment and Management for Nutrition Support Patients	18	180
2013 Symposium: Feed an Open Abdomen? Are We Crazy? Not even close!	4	40
2013 Symposium: Feeding the Patient with Sepsis and Respiratory Failure	6	60
2013 Symposium: To Feed or Not to Feed: The Ethics of Nutrition Support	1	10
2013 Symposium: Keynote Address: Overcoming Malnutrition	8	80
2013 Symposium: Acute Kidney Injury and Critical Illness	5	50
Ketogenic Diet in the Clinical Setting (recorded webinar)	1	30
Lipid Tutorial Module 1	2	24
Lipid Tutorial Module 2	1	12
Lipid Tutorial Module 3	2	24
Lipid Tutorial Modules 1-3	8	240
To Blend or Not to Blend and Everything in Between (recorded webinar)	1	20
The Role of Nutrition in Pressure Ulcer Management (recorded webinar)	1	20
Nutritional Management of Pancreatitis (recorded webinar – member)	3	60
Nutritional Management of Pancreatitis (recorded webinar – non member)	1	30
2015 Symposium (member price)	6	2400
2015 Symposium (non-member price)	4	1900
2015 Symposium (student)	1	150
Enteral Slide Set (member price)	1	30
Enteral Slide Set (non-member price)	1	40
Parenteral Slide Set (member price)	2	60
Combined Enteral & Parenteral Slide Set (member price)	11	550
Combined Enteral & Parenteral Slide Set (non-member price)	8	480
Malnutrition Flash Drive (member)	100	5000
Malnutrition Flash Drive (non-member)	86	4790
Total*		\$16,330

\* For some collaborative products, DNS keeps a percentage of the sales money as agreed upon in a Memo of Understanding (MOU)

### ***Professional grants and Student Scholarships***

- Awarded 7 professional grants and 2 student scholarships (details below)

### ***Research Grant***

- Awarded to Yimin Chen, MS, RD, CNSC in the amount of \$10,000 for her project titled “Modulating effect of feeding type on pathophysiologic response in the premature infant and intestinal epithelial cells”

### ***Social Media***

- DNS has a presence on facebook, LinkedIn, and Twitter. The majority of posts are on facebook as it seems that the majority of followers are on facebook. Four volunteers assist with posts on all 3 platforms.
- Facebook (2,559 followers)
- Twitter (704 followers)
- LinkedIn

### ***Policy and Advocacy Leader***

- Renee Walker completed year 2 of 3 as the the Policy and Advocacy Leader and accomplishments were as follows:
  - o Attended the PPW in Washington DC
  - o Attended 4 training webinars for the 2016 PPW
  - o Shared 5 action alerts with DNS membership:
    - Child Nutrition Integrity ACT of 2016
    - Dietary Guidelines and Child Nutrition Programs
    - Treat and Reduce Obesit Act
    - Preventing Diabetes in Medicare Act
    - Older Americans Act
  - o Shared an opportunity for members to get involved in workgroups to assist in development or reconsideration of stances for nutrition policy issues (antibiotic resistance and residue and food and beverage taxation)
  - o Submitted the DNS PAL POW

## **3. Professional Development:**

### ***2015 Symposium***

- Hosted the 2015 DNS Symposium: Building on the Best: Integrating Evidence, Research, and Skills Into Your Practice.

- Symposium was held June 12-13, 2015 at the Embassy Suites, Inner Harbor in Baltimore, MD
- Topics covered included: Underfeeding in the ICU, address hospital malnutrition, applying the pediatric malnutrition definition, fluid balance in the enterally fed patient, iron deficiency anemia, social media, functional assessment, lean body mass assessment, muscle and fat mass assessment, critical care guidelines, enteral connectors, probiotics and FODMAPs, parenteral lipid formulations, outcomes research, micronutrient assessment, abdominal and edema assessment, abdominal radiographs
- Most symposium sessions were recorded and are available for purchase through the link on the Webstore
- There were 65 registered attendees for the symposium (not including speakers, sponsors, and leadership)
- Executive committee discussed at length the number of attendees, evaluations, budget and expenses (symposium was over budget). It was decided to continue offering a symposium every other year and to reassess outcomes of the next symposium

### ***FNCE® 2015***

- Submitted/sponsored 2 educational sessions at FNCE® 2015 in Nashville, Tennessee
  - o Successfully Navigating the Course for RD Order Writing Privileges presented by Susan Smith and Susan Roberts.
  - o Feeding the Critically Ill Obese Patient – Current Approaches and Potential Implications presented by Ainsley Malone and Anne Coltman
- Held an evening member reception which was well attended

### ***CNM DPG Annual Meeting***

- Submitted a proposal for Gail Cresci to speak about IRB and grant writing at the CNM annual meeting. Proposal was accepted.

### ***2017 Symposium Planning***

- A larger symposium committee was created including Gail Cresci, Sandy Austhof, Ainsley Malone, Hannah Roosevelt, Katie Braun and Susan Roberts.
- Completed a hotel request through the Academy's meeting team and selected the Hilton Scottsdale Resort in Arizona
- Program has been drafted and the committee has contacted potential speakers

### ***Pre-Conference Skills Workshop at Clinical Nutrition Week***

- Hosted a pre-conference workshop at CNW 2016 in Austin, Texas. The workshop was a full-day course that covered all aspects of nutrition focused physical exam.

### ***FNCE® 2016 Proposed Sessions***

- Chair-Elect submitted 3 proposed sessions for FNCE® 2016 in Boston, MA. Sessions were as follows:
  - o Medical Nutrition Therapy Across the Health Care Continuum: the Nutrition Journey from ICU to Home. Speakers: Amy Berry, MS, RD, CNSC and Katie Braun, MS, RD, LD, CNSC
  - o Navigating the Seas: Hydration, Electrolytes, and Acid-Base. Speakers: Kathleen Gura, PharmD, BCNSP, FASHP, FPPAG, FASPEN and Elizabeth Pash, MS, RD, CNSC
  - o Developing a Hunger for Malnutrition: Engaging Hospital Administration. Speakers: Cindy Hamilton, MS, RD, CNSC and Art Thompson, Administrator, Digestive Disease Institute
- All 3 above session proposals were accepted
- Director of Professional and Product Development proposed a 4-hour Nutrition Focused Physical Assessment pre-conference workshop. The proposal was declined

### ***Webinars***

- Several webinar volunteers assisted in planning and executing 4 webinars over the year: Malissa Warren (chair), Colleen Tsarnas, Ronelle Mitchell, and Debbie Konrad
- There were several challenges this year with webinars related to the platform used and registration through our website/webstore.
- Hosted 4 webinars:
  - o The Ketogenic Diet presented by Kelly Roehl on November 12, 2015 was offered complimentary (583 attendees)
  - o TPN for the Neonate presented by Colleen Tsarnas was recorded and is available on the Webstore
  - o TPN Order Writing for the Adult presented by Mandy Corrigan and Elizabeth Pash on March 17, 2016 (106 attendees)
  - o Managing the Non Adherent Patient on Home PN presented by Sandy Austhof and Jamie Davilla on May 26, 2016
- This year we began charging for webinars and had many discussions regarding pricing structure. After assessing what other DPG's and organizations offer, we decided on a pricing structure as follows:
  - o Student - free
  - o Member - \$20
  - o Group member - \$75
  - o Non-member - \$30

- Group non-member - \$115
- All webinars are recorded and available on the Webstore. Current webinars available on the Webstore include:
  - Parenteral Nutrition for the Neonate (Colleen Tsarnas)
  - Ketogenic Diet in the Clinical Setting (Kelly Roehl)
  - Intravenous Fat Emulsion Use in Critically Ill Patients (Todd Canada)
  - To Blend or Not to Blend and Everything in Between (Lisa Epp)
  - Lipid Tutorial Module 1: Everything You Ever Wanted to Know About Oils/Lipids (Thomas Pavlina)
  - Lipid Tutorial Module 2: Pediatrics and Lipids (Jessica Monczka)
  - Lipid Tutorial Module 3: Role and Enteral and Parenteral Lipids Among Adults Receiving Nutrition Support (Anne Coltman and Kelly Roehl)

### ***Item Writing***

- Trained 2 new item writers in the Fall of 2015 – Andrea Jevonn and Arlene Escuro attended 2 separate training sessions on item writing. They join Lindsay Dowhan, Stephanie Dobak, and Debbie Carpenter (Item Writing Chair). New item writers that receive training funded by DNS are asked to commit to at least 2 years on the committee
- Accomplishments include item writing questions for:
  - Developed and reviewed 5 post-test questions for all 11 presentations recorded from the symposium
  - Reviewed/edited questions for each article published in Support Line
  - Developed and reviewed 5 questions for each webinar that was over 1 year old

### **4. Existing Products:**

#### Malnutrition Physical Exam Flash Drive

- In late Spring 2014, DNS and the Cleveland Clinic entered into a collaborative relationship to market and offer a Malnutrition Focused Physical Assessment video. The video is a 15-minute example of how to conduct a physical assessment focused on malnutrition. The video is available on a flash drive and orders are fulfilled by our Material Manager (Marion Winkler). As of May 10, 2016, 186 flash drives have been purchased.

#### Enteral and Parenteral Slide Sets

- The newly revised enteral and parenteral slide sets are available on the Webstore for purchase and download. As of May 2016, we have sold 2 enteral slide sets, 2 parenteral slide sets, and 19 combined packages of both slide sets



### 2013 Symposium Presentations

- Recorded presentations from the 2013 symposium were available for purchase for this year. After this year, they will expire

### 2015 Symposium Presentations

- Recorded presentations as well as the entire symposium were available for purchase this year. To purchase, you had to link to the videographers site for the first year. After the first year, the sessions can be added directly to the DNS Webstore.

## **5. New Projects/Products:**

### Nutrition Focused Physical Assessment Video

- A committee has formed and met throughout the year to develop a revised nutrition focused physical assessment video. Committee members include Ainsley Malone, Beth Taylor, Susan Brantley, Peggy Hipkind, Carol Ireton-Jones, Sarah Peterson, Malissa Warren, and Jane Ziegler.
- Accomplishments for the 2015-2016 year were:
  - o Confirmed filming capability for the video at Barnes Jewish Hospital
  - o Hired a Project Manager to manage the project
  - o Identified an RD that can narrate the video
  - o Finalized scripts for the video
- This project is supported by a \$20,000 educational grant from Nestle awarded the previous year

### Feeding Tube Placement Toolkit

- A member survey conducted in early Spring 2015 (March-April) showed that members were interested in learning about how to place feeding tubes
- A committee was formed to begin discussing development of a feeding tube toolkit with the intent of providing a starting point for RDs that may be interested in placing feeding tubes. Christina Rollins was identified as Chair of the committee.
- Committee has submitted proposed budget, communicated with the Academy regarding references on regulations by state, identified authors, designed a template, and secured professional editing services
- Goal completion date is May 2017

### Malnutrition Project

- Malnutrition continues to be a challenge in hospitalized patients with at least 1 and 3 patients meeting criteria for malnutrition. Unfortunately, few hospitals have been able to identify, document, and properly code for malnutrition

- We applied for and received a \$20,000 unrestricted educational grant from Baxter to develop educational programs on the topic of malnutrition and coding
- The funding will be used to hire a project manager, develop webinars, devote an issue of Support Line to this topic and develop a downloadable presentation slide set on malnutrition identification and coding that RDs could use when speaking with Administrators
- Developed a survey of DNS members regarding current practice in diagnosing malnutrition and coding for malnutrition via SurveyMonkey. Survey results will help to identify areas to focus our educational outreach.

#### Advanced Practice Residency (APR)

- The APR committee consisting of Mary Marian, Susan Roberts, Cindy Hamilton, and Lauren Melnick finalized the APR application
- The Executive Committee reviewed and approved the application to ACEND to start an Advanced Practice Residency in nutrition support
- The application was submitted in late 2015 and DNS was notified that the program was not approved. ACEND provided feedback and the APR committee is reviewing and addressing all of the feedback received with the goal of resubmitting the application by the end of December 2016

#### Short Bowel Education Series

- DNS was contacted by MedScape to collaborate on a series of educational programs about Short Bowel Syndrome. MedScape is waiting to hear back about grant funding prior to completing the development of the programs

### **6. Nominations, Scholarships, Awards and Volunteerism:**

#### ***Academy Ballot***

- Several nominations were submitted for the Academy ballot including Susan Brantley for HOD Director, Mary Russell for Director at Large, Ainsley Malone for Nominating Committee, Rebecca Brody for CDR representative, and Hannah Roosevelt for Delegate at Large, 30 & Under
- Susan Brantley and Rebecca Brody were both elected to the positions

#### ***DNS Ballot***

- A single slate ballot was put forward and the following nominees were elected:
  - o Chair Elect – Sarah Peterson
  - o Secretary – Stephanie Dobak
  - o Treasurer Elect – Katie Braun
  - o Director Elect of Nominations – Melissa Anderson

### **Grants/Scholarships**

- Awarded 4 professional grants in the Fall to Amy Nishnick, Sarah Williams, Mara Lee Beebee, and Patricia Sheean
- Awarded 1 student scholarship in the Fall to Lucy Song
- Awarded 3 professional grants in the Spring to Laura Acosta, Kayla Bridges, and Christie Moulder
- Awarded 1 student scholarship in the Spring to Rebecca Roberts

### **DNS Awards**

- Beth Taylor received the 2015 DNS Service Award
- Kate Wilcutts received the 2015 DNS Practice Award

### **Academy Awards/Honors**

- Submitted 2 nominations but our nominees were not selected

### **Student Coordinator**

- Developed and approved a Student Coordinator position in Winter of 2015. Applications were due in Spring of 2015 and Nicole Choyce was selected as the first DNS Student Coordinator for the 2015-2016 year
- Accomplishments this year were conducting a student survey, starting a student forum and student page on the website, and begin looking into a student mentoring program. Discussed that mentees in the career mentoring program could become mentors for students.
- Student Coordinator worked with the Director of Communications to send out student specific e-blasts
- Some of our webinars were offered free of charge for students
- Challenges included finding new ways to communicate with students and getting students to participate in the student membership benefits

### **7. Administrative:**

- Developed an RFP for the DNS Administrative Assistant role. EC reviewed and approved the RFP. A selection committee reviewed applicants and Mary Russell was selected as the Administrative Assistant
- Reviewed and approved the following Letter of Agreements for contractors:
  - o Deb Kuhlman for Managing Editor and Editorial Services for *Support Line*
  - o Academy Graphics for typesetting and printing of *Support Line*
  - o DryWash Media for website services
  - o Larry Winkler for storage and handling of DNS goods and shipping of DNS products

- Hilton Scottsdale Resort for the 2017 Symposium
- Trisha Fuhrman for NFPA Project Manager
- Mary Russell for DNS Administrative Assistant
- Marilyn Tanner for NFPA video narration
- Reviewed and approved the following Letter of Agreements with sponsors:
  - Abbott Nutrition (\$5000) for FNCE 2016 reception
  - Baxter (\$20,000) for Malnutrition Educational Grant
  - Medtronic (\$5000) for FNCE 2015 reception
  - Nutritional Medicinals, LLC (\$2000) for Support Line half page ad
  - Nestle (\$1000) CNW pre-conference lunch for speakers
- Sponsors of Support Line throughout the year included Nestle Nutrition, Fresenius Kabi, ThriveRx, Functional Formularies, and Abbott Nutrition
- The 2015 Symposium was supported by an Abbott Educational Grant of \$10,680 and a Baxter Educational Grant of \$2,500. Table Top Exhibitors at the symposium included Shire, Nutricia, Coram, Corpak, Baxter, Fresenius Kabi, Home Solutions Infusion Therapy, Nestle Nutrition, Walgreens, Covidien, and the Maryland Society of Parenteral and Enteral Nutrition (MSPEN)

**8. Strategic Plan:**

- Developed a score card to evaluate progress towards meeting goals of current strategic plan
- Strategic planning committee to form in the coming year

**9. Financial:**

**REVENUE**

<b>Description</b>	<b>ACTUAL</b>	<b>BUDGET</b>
MEMBERSHIP DUES	101,501	100,890
MEETING REGISTRATION FEES	0	6,500
PUBLICATION SALES	600	0
MERCHANDISE SALES	12,484	44,000
SUBSCRIPTION INCOME	350	400
ADVERTISING FEES - OTHER	0	1,000
GRANTS/CONTRACTS	53,875	35,805
<b>Total:</b>	<b>168,810</b>	<b>188,595</b>

<b>EXPENSES</b>	<b>ACTUAL</b>	<b>BUDGET</b>
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LODGING	19,352	30,374
SUBSISTENCE	6,362	13,225
TRANSPORTATION	20,937	29,160
PROFESSIONAL/CONSLTNG	54,708	117,195
POSTAGE	12,100	8,480
FREIGHT	0	2,100
OFFICE SUPPLIES	0	300
STATIONARY/FORMS	0	120
WAREHOUSE SPACE RENTAL EX	1,100	0
TELEPHONE	20	1,075
TELECONFERENCE EXPENSE	248	504
WEBSITE HOSTING	588	3,444
ADVERTISING/PROMOTION	182	3,000
DEPRECIATION	3,560	16,584
OTHER EXPENSE	12,827	7,444
MEMB DUES/SEMINAR FEES	5,460	11,515
CREDIT CARD PROCESSING FEE	3,144	2,625
DONATIONS/CONTRIBUTIONS	0	1,800
OUTSIDE SERVICES	5,701	7,300
DONATIONS TO ADAF	13,000	2,250
HONORARIUMS/AWARDS	19,890	29,970
AUDIO VISUAL	289	5,400
EXPO/MEETING SERVICES	0	2,452
FOOD SERVICE	40,846	37,110
PRINTING/COPYING	640	24,450
<b>Total:</b>	<b>220,954</b>	<b>357,877</b>

Operating Deficit	-52,144
Budgeted Deficit	-169,282
Investment Reserve:	\$513,474
Total Expense Budget:	\$270,097
Percentage of Reserve:	190%